Amavuriro akoresha ubururo bw’ibciro binyuranye

Amavuriro yo muri Maine akoresha ubururo bw’ibciro binyuranye aitanga ubuvuzi rusange bw’ibanze n’ubwo gukingira bwo mu rwego rwo hejuru. Ibi bitaro bigabanyiriza abantu hashingiwe ku mutungo w’urugo. Kugira ngo umenye aho Amavuriro akoreaha ubururo bw’ibcito binyuranye, shaka kuri uru rupapuro intara (county) ubamo, ubundi urebe ko hari iviruro rikuri hafi. Kugirango usabe gufashwa, wihamagarira Ibitaro ibikoresha ubururo bw’ibcito binyuranye ukababaza ukoporogaramu yabo ikora. Ibciro bya buri vuriro bishobora gutandukana gato, bityo niba iviruro uhamagaye bwa mbere ritaguhaye igisubizo washakaga, ugerageza iringikurikyehe.

Hari ubwo ibitaro bijya bigira amakuru ku mavuriro akoresha ubururo bw’ibciro binyuranye byo mu gace bikoreramo, akorana nabyo. Niba kuri uru rupapuro nta vuriro ubonye mwakorana, gerageza uhamagare ku bitaro biri mu gace utuyemo.

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**Sliding-Scale Clinics by County:**

**Androscoggin County:**
- Community Clinical Services, Lewiston, Auburn, Poland, Lisbon Falls - 777-8899
- DFD Russell Medical Center, Leeds - 524-3501 * Turner - 225-2676
- Western Maine Family Health, Livermore Falls - 897-4345

**Aroostook County:**
- Center for Women & Children’s Health, Caribou - 492-3451
- Pines Health Services, Caribou - 498-2359 * PI Family Hlth - 769-2025
- Caribou Family Health - 498-6921
- Limestone - 328-4631 * Van Buren - 868-2796
- Fish River Rural Health, Eagle Lake - 444-5384 * Fort Kent - 834-3971
- Katahdin Valley Health Center, Primary Care, Houlton - 521-0022
- Katahdin Valley Health Center, Island Falls - 463-3600

**Cumberland County:**
- Portland Community Health Center, Portland - 874-2141
- Health Care for the Homeless, Portland - 874-8445

**Kennebec County:**
- Belgrade Regional Health Center, Belgrade - 495-3323
- DFD Russell Medical Center, Monmouth - 933-9646
- Lovejoy Health Center, Albion - 437-9388
- Maine Migrant Health Program, Augusta (statewide) - 622-9252

**Franklin County:**
- Mt. Abram Regional Health Center, Kingfield - 265-4555
- Rangeley Family Medicine, Rangeley - 864-3303
- Strong Area Health Center, Strong - 684-4010

**Hancock County:**
- Bucksport Regional Health Center, Bucksport - 469-7371

**Knox County:**
- Islands Community Medical Center, Vinalhaven - 863-4341

[More counties]
Lincoln County:
- St. Andrews Hospital Family Care, Boothbay Harbor - 633-7820
- Sheepscot Valley Health Center, Coopers Mills - 549-7581
- Miles Family Medicine, Damariscotta - 563-4383
- Lincoln Medical Partners Family Med., Waldoboro - 832-6394

Oxford County:
- Bethel Family Health Center, Bethel - 824-2193
- Sacopee Valley Health Center, Porter - 625-8126
- Elsemore-Dixfield Center, Dixfield - 562-4226
- Swift River Health Center, Rumford - 369-0146

Penobscot County:
- Health Access Network - 794-6700
  Lincoln, Medway-Hamlin, West Enfield and Millinocket
- Helen Hunt Community Health Center, Old Town - 827-6128
- Penobscot Community Health Center, Bangor - 945-5247 * Bangor (Pediatrics) - 947-0147
- Stillwater Family Medicine, Bangor - 947-0768
- Capehart Community Clinic, Bangor - 992-2295
- Summer St. Community Clinic, Bangor - 992-2636
- Brewer Community Clinic, Brewer - 989-1567
- Corinna Family Practice, Corinna - 278-3238
- Katahdin Valley Health Center
  Patten (Primary Care) - 528-2285
  Millinocket - 723-6551 * Island Falls - 463-3600
- Sebasticook Family Doctors, Newport - 368-5189 * Dexter - 924-5200
- Dexter Family Practice, Dexter - 924-7349

Piscataquis County:
- Sebasticook Family Doctors, Dover-Foxcroft - 564-8710
- Health Access Network, Dover-Foxcroft - 564-4464
- Milo Family Practice, Milo - 943-7752
- Guilford Medical Associates, Guilford - 876-3547

Sagadahoc County:
- Richmond Area Health Center, Richmond - 737-4359

Somerset County:
- Bingham Area Health Center, Bingham - 672-4187
- Sebasticook Family Doctors, Pittsfield - 487-9244
- Sebasticook Family Doctors, Canaan - 474-6990
- Sebasticook Family Doctors, Hartland - 938-2408
- Madison Area Health Center, Madison - 696-3992

Waldo County:
- Islesboro Health Center, Islesboro - 734-2213
- Donald S. Walker Memorial Health Clinic, Liberty - 589-4509
- Arthur Jewell Community Health Center, Brooks, ME - 722-3488
- Stockton Springs Regional Health Center, Stockton Springs - 567-4000

Washington County:
- Arnold Memorial Medical Center, Jonesport - 497-5614
- Regional Medical Center at Lubec, Lubec - 733-5541
- East Machias - 255-0102
- East Grand Health Center, Danforth - 448-2347
- Eastport Health Care, Eastport - 853-6001 * Machias - 255-3400
- Harrington Family Health Center, Harrington - 483-4502
- St. Croix Regional Family Health Ctr., Princeton - 796-5503
- Whiting Bay Family Medicine, Whiting Bay - 733-2900
- Family Medicine, John Gaddis, M.D., Machias - 255-3338
- Pleasant Point (Indian Health Facility), Perry - 853-0644
- St. Croix Regional Health Center, Princeton - 796-5503

York County:
- York County Community Health Care, Sanford - 490-6900

For more information or to find out about other health care programs, call our Health Care HelpLine at 1-800-965-7476