Some clinics in Maine offer sliding fee scales to those who qualify.

Who can get help at Sliding-Scale Clinics?
Maine’s Sliding-Scale Clinics provide high quality, comprehensive primary and preventive health care. These clinics give discounts based on household income. Most clinics can also help you apply for coverage in the new Health Insurance Marketplace. To find the Sliding-Scale Clinic closest to you, **find your county on this flyer and see if there is a clinic near you.**

To apply for the program, call the Sliding-Scale Clinic directly and ask about their program. Each clinic may have slightly different discount levels, so if the first place you call is not as helpful as you had hoped, try a different one. Sometimes hospitals will also have information about other Sliding-Scale Clinics in their areas that work with them. If you don’t find a clinic that works for you in this flyer, try calling your local hospital.

**Androscoggin County:**
- Community Clinical Services, 207-777-8899
  Lewiston, Auburn, Poland, Lisbon Falls
- DFD Russell Medical Center, Leeds - 207-524-3501, Turner - 207-225-2676
- Western Maine Family Health, Livermore Falls 207-897-4345

**Aroostook County:**
- Center for Women & Children’s Health, Caribou - 207-492-3451
- Presque Isle Family Health - 207-769-2025
- Caribou Family Health - 207-498-2356
  Limestone - 207-328-4631
  Van Buren - 207-868-2796
- Rural Health Center, Eagle Lake - 207-444-5384
  Fort Kent - 207-834-3971
- Katahdin Valley Health Center, 1-866-366-5842
  Ashland-207-435-6341
  Houlton - 207-521-0022
  Island Falls - 207-463-3600
  Patten - 207-528-2285

**Cumberland County:**
- Portland Community Health Center, Portland - 207-482-5000
- Health Care for the Homeless, Portland - 207-756-8254

**Kennebec County:**
- Belgrade Regional Health Center, Belgrade - 207-495-3323
- DFD Russell Medical Center, Monmouth - 207-933-9646
- Lovejoy Health Center, Albion - 207-437-9388
- Maine Migrant Health Program, Augusta (statewide) - 207-622-9252

**Franklin County:**
- Mt. Abram Regional Health Center, Kingfield - 207-265-4555
- Rangeley Family Medicine, Rangeley - 207-864-3303
- Strong Area Health Center, Strong - 207-684-4010

**Hancock County:**
- Bucksport Regional Health Center, Bucksport - 207-469-7371

**Knox County:**
- Knox County Health Clinic, Rockland 207-921-6996
- Islands Community Medical Center, Vinalhaven - 207-863-4341

**Lincoln County:**
- St. Andrews Hospital Family Care, Boothbay Harbor - 207-633-7820
Lincoln County (continued...):
- Sheepscot Valley Health Center,
  *Coopers Mills* - 207-549-7581
- Miles Family Medicine,
  *Damariscotta* - 207-563-4383
- Lincoln Medical Partners Family Medicine,
  *Waldoboro* - 207-832-6394

Oxford County:
- Bethel Family Health Center,
  *Bethel* - 207-824-2193
- Sacopee Valley Health Center
  *Porter* - 207-625-8126
- Elsemore-Dixfield Center,
  *Dixfield* - 207-562-4226
- Swift River Health Center,
  *Rumford* - 207-369-0146

Penobscot County:
- Health Access Network - 207-794-6700
  *Lincoln, Medway-Hamilin, West Enfield & Millinocket*
- Helen Hunt Community Health Center,
  *Old Town* - 207-827-6128
- Penobscot Community Health Center,
  *Bangor* - 207-945-5247
  *Bangor (Pediatrics)* - 947-0147
- Stillwater Family Medicine,
  *Bangor* - 207-947-0768
- Summer St. Community Clinic,
  *Bangor* - 207-992-2636
- Brewer Community Clinic,
  *Brewer* - 207-989-1567
- Katahdin Valley Health Center
  *Patten (Primary Care)* - 207-528-2285
  *Millinocket* - 207-723-6551
- Sebastianook Family Doctors,
  *Newport* - 207-368-5189
  *Dexter* - 207-924-5200
- Dexter Family Practice, *Dexter* - 207-924-7349

Piscataquis County:
- Sebastianook Family Doctors,
  *Dover-Foxcroft* - 207-564-8710
- Health Access Network,
  *Dover Family Medicine
  Dover-Foxcroft* - 207-564-4464
- Milo Family Practice,
  *Milo* - 207-943-7752
- Guilford Medical Associates,
  *Guilford* - 207-876-3547

Sagadahoc County:
- Richmond Area Health Center,
  *Richmond* - 207-737-4359

Somerset County:
- Bingham Area Health Center,
  *Bingham* - 207-672-4187
- Sebastianook Family Doctors,
  *Pittsfield* - 207-487-9244
- Sebastianook Family Doctors,
  *Canaan* - 207-474-6990
- Madison Area Health Center,
  *Madison* - 207-696-3992

Waldo County:
- Belfast Family Planning & Primary Care,
  *Belfast* - 207-338-3736
- Islesboro Health Center,
  *Islesboro* - 207-734-2213
- Donald S. Walker Memorial Health Clinic,
  *Liberty* - 207-589-4509
- Arthur Jewell Community Health Center,
  *Brooks, ME* - 207-722-3488
- Stockton Springs Regional Health Center,
  *Stockton Springs* - 207-567-4000

Washington County:
- Arnold Memorial Medical Center,
  *Jonesport* - 207-497-5614
- Regional Medical Center at Lubec,
  *Lubec* - 207-733-5541
  *East Machias* - 207-255-0102
- East Grand Health Center,
  *Danforth* - 207-448-2347
- Eastport Health Care,
  *Eastport* - 207-853-6001,
  *Machias* - 207-255-3400
- Harrington Family Health Center,
  *Harrington* - 207-483-4502
- St. Croix Regional Family Health Center,
  *Princeton* - 207-796-5503
- Whiting Bay Family Medicine,
  *Whiting Bay* - 207-733-2900
- Family Medicine, John Gaddis, M.D.,
  *Machias* - 207-255-3338
- Pleasant Point (Indian Health Facility),
  *Perry* - 207-853-0644

York County:
- Nasson Health Care,
  *Sanford* - 207-490-6900

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**Have questions?**
- Call our free HelpLine at 1-800-965-7476
- Email us at consumerhealth@mainecahc.org
- Visit us online at www.mainecahc.org