



Help with Winter Utility and Fuel Bills

A Resource Guide

Here is a list of some of the programs in Maine that may be able to help with your utility and fuel costs.

2 1 1 Maine

In addition to the programs listed below, there may be other local resources available from organizations such as The Salvation Army, Red Cross, local churches or community organizations. For more information about local energy initiatives in Maine, contact 211Maine. They can be contacted by phone by dialing 211 or on the web at <http://www.211maine.org/>

Low Income Home Energy Assistance Program (LIHEAP or Fuel Assistance)

LIHEAP helps both homeowners and renters with their heating costs. Household income must be lower than 200% of the poverty level. (This equals about \$2,429 per month for a family of 2.) If anyone in the household is over age 60, below age 2, or has a health condition that puts them at risk of hypothermia then the income limit can be higher - 230% of poverty level. (This equals about \$2,795 per month for a family of 2.)

If heat is included in your rent, you can still get help. If you apply and get even a little bit of help, then your monthly Food Stamps benefit may go up. If you get LIHEAP then you may also get lower electric rates.

To Apply: You can apply for LIHEAP through one of the following programs, depending on where you live. You need to bring proof of income, social security numbers, and your address. You can use a utility bill to prove your address.

Agency	Area Covered	Location	Telephone
Aroostook County Action Program 	Aroostook County	Presque Isle	207-764-3721 800-585-3053
Community Concepts, Inc. 	Androscoggin, Oxford Counties	South Paris	207-743-7716
Kennebec Valley Community Action Program 	Kennebec, Somerset, Lincoln and Sagadahoc Counties	Waterville	207-859-1500 800-542-8227
Penquis Community Action Program 	Penobscot, Piscataquis Counties	Bangor	207-973-3500 800-215-4942
Penquis Community Action Program 	Knox County	Rockland	207-596-0361 800-585-1605
Peoples Regional Opportunity Program 	Cumberland County	Portland	207-874-1140 800-698-4959
Waldo Community Action Partners 	Waldo County	Belfast	207-338-6809 800-498-3025
Washington-Hancock Community Agency 	Washington, Hancock Counties	Millbridge	207-546-7544 800-828-7544
Western Maine Community Action 	Franklin County	East Wilton	207 645-3764 800-645-9363
York County Community Action Corp. 	York County	Sanford	207-324-5762 800-965-5762

Weatherization and Furnace Repair or Replacement (CHIP)

- Gives grants to homeowners and renters for weatherization and/or repair or replacement of central heating system.
- Income guidelines are the same as for LIHEAP.

To Apply: You can apply for LIHEAP and you will be considered for this program. You can also contact your local Community Action Program. (See the list below for your local program.)

Emergency Crisis Intervention Program (ECIP)

You can get this help once per heating season for emergency fuel or to avoid electricity cut-off. You must get LIHEAP to get ECIP.

To Apply: Apply at your county's Community Action Program (CAP) agency. (See the list below for your local program.)

Low-Income Assistance Plan (LIAP)

- LIAP helps low-income homeowners and renters pay for electricity costs by

- lowering their electric bills.
- If you get LIHEAP, then you may be able to get help from LIAP as well.
- Please note that people who get a rent subsidy (help paying their rent) may not be able to get help from LIAP.

To Apply: You can apply for LIHEAP and LIAP through your Community Action Program. (See the list below for your local program.)

Maine Home Repair Network

This program gives 1% mortgages or 0% deferred/forgivable mortgages (i.e. 0% interest rate with no monthly payment) to low-income homeowners for necessary home repairs.

With just one application, you can apply to both state and federal programs that fund renovations or repairs such as:

- Wells and septic system repairs or replacements
- Heating and electrical system repairs
- Roof and chimney repairs
- Structural repairs
- Lead paint mitigation
- Repair or replacement of windows and doors
- Energy efficiency improvements
- Repair or replacement of siding
- Handicap accessibility improvements
- Other health and safety repairs

To Apply: For more information, call your local Community Action Program (see the list at the end) or go to:

www.mainehousing.org/PROGRAMSHomeRepair.aspx?ProgramID=33

To Learn More: You can learn more about some of these programs at this website: www.mainehousing.org/ENERGYPrograms.aspx

You can also go to the Pine Tree Legal Assistance website to find updates on resources that are known to them: www.ptla.org

Other Programs That Can Help You

Alternative Aid (AA)

- Helps families with children.
- Family cannot be getting TANF. Families must meet some TANF eligibility criteria such as deprivation. (one parent out of the home, one parent disabled, one parent unemployed)
- To get aid, the family must need the help to keep a job or get a job.

- AA can help with many things, like car repairs, housing costs, etc.
- AA can provide up to 3 times the monthly TANF benefit. This equals about \$1,455 for a family of 3.
- You can only get Alternative Aid once every 12 months.
- Family income limit is 133% of the federal poverty limit. (This equals about \$2,030 per month for a family of 3.)

To Apply: You can apply for AA at your local DHHS office.

Emergency Assistance (EA)

- Helps families with children under age 21.
- Family income must be less than 100% of the federal poverty limit. This equals about \$1,526 per month for a family of 3. Families receiving TANF, PaS, SSI, or Food Stamps also qualify.
- Helps with different types of emergencies when you don't have enough money.
- The types of emergencies are:
 - Rent or Security Deposit
 - Mortgage Payments or Property Taxes
 - Home repairs (wells, chimney, septic system, etc.)
 - Clothing; or special medical equipment.
 - Disaster Assistance due to flood, fire, storms, etc.
- You can only get EA help once every 12 months.

To Apply: You can apply for EA at your local DHHS office. You will need proof of the emergency.

General Assistance (GA)

- Helps with basic necessities, like housing, fuel, food, utilities, clothing, and medical expenses.
- You must be very low-income. You may need to prove that you have spent your money on basic necessities.
- All towns and cities have this program.

To Apply: You can apply at your local Town Office or City Hall.
Call DHHS at 1-800-442-6003 if you have trouble applying.

Maine Sea Coast Mission

This program provides emergency assistance for heat, electricity, food and other emergency circumstances for the residents of Washington and Hancock counties.

Contact Information: Call (207) 546-4466, or 1-888-824-7258.
<http://www.seacoastmission.org/index.htm>

Rural Housing Repair Loans and Grants

Gives loans and grants to very low-income homeowners to repair, improve, modernize, or to remove health and safety hazards in their rural homes.
<http://www.rurdev.usda.gov/Me/SFH/Fact%20Sheets/Brochure.pdf>

Loans are for up to 20 years at 1% interest.
Grants (free) may be for people who are 62 years of age or disabled.

Loan/grant combinations may be arranged for applicants who can repay part of the cost. The program defines 'very low-income' as below 50 percent of the area median income. See the following for the program's income guidelines:
http://www.rurdev.usda.gov/me/index_files/Income%20Guidelines.pdf

To Apply: Call Rural Development. Listed in the Phone Book under U.S. Government, Agriculture Department. Or call 1-800-352-8963 Ext. 161 and they will connect you to the correct office.

Efficiency Maine

Efficiency Maine has a number of programs to help people lower their energy costs. To find out if you can get help, go to www.energymaine.com or call (866) 376-2463.

Appliance Replacement Program

Efficiency Maine, the Maine State Housing Authority, and the state's Community Action Programs are working together on this program. The Energy Efficiency Low Income Appliance Replacement program replaces inefficient refrigerators and other home appliances, and installs energy efficient lighting in the homes of qualified low-income consumers. Apply for this program wherever you apply for LIHEAP. See Chart on Page 2.

For more information, call toll-free (866) 376-2463, or go to:
www.energymaine.com

Community Action Programs in Maine

- Aroostook County Action Program, Presque Isle
Phone: 764-3721 or (800) 432-7881
- Community Concepts, Inc., (800) 866-5588
Auburn: 795-4065; South Paris: 743-7716; Rumford: 364-3721
- Kennebec Valley Community Action (800) 542-8227
Waterville: 859-1500; Augusta: 622-4761; Skowhegan: 474-8487
- Penquis Community Action Program, Bangor
Phone: 973-3520 or (800) 215-4942

- People's Regional Opportunity Program, Portland
Phone: 874-1140 or (800) 698-4959
- Washington Hancock Community Agency, Milbridge and Ellsworth
Ellsworth: 664-2424; Milbridge: 546-7544 or (800) 828-7544
- Waldo Community Action Partners, Belfast
Phone: 338-3025 or (800) 498-3025
- Western Maine Community Action, Inc., East Wilton
Phone: 645-3764 or (800) 645-9363
- York County Community Action Corp., Sanford
Phone: 324-5762 x9017 or (800) 965-5762

The **Maine State Housing Authority** can help with housing-related issues.

- MaineHousing, 353 Water Street, Augusta Maine 04330
Phone: (207) 626-4600; Toll Free: (800) 452-4668
TTY: (800) 452-4603; Fax: (207) 626-4678
Web: www.mainehousing.org

Other programs may be able to help you with your household costs. This can help free up money so that you have enough to pay for your heating costs. Some of these programs are **Food Stamps, Women, Infants and Children (WIC), and Temporary Assistance to Needy Families (TANF)**. Other programs are the **Property Tax and Rent Rebate Program, Earned Income Tax Credit, Transitional Child Care, and Transitional Transportation assistance**. There are different eligibility criteria for each of these programs.

If you have questions about these programs, call **Maine Equal Justice** at 626-7058 or toll free 1-866-626-7059.